

Sunday, October 2, 2022

North Star Classroom (Located in front lobby entrance)
10:30 – 11:15 a.m. – <i>“Ascension Vocals” with Lana Ryder</i> – Booth #C35 – Through the power of your inner kingdom voice, you access the higher dimensions. Receive the “Language of Light” attunement and blessing for transcendence and transmutation.
11:30 a.m. – 12:15 p.m. – <i>“Honoring our Connection with Reiki” with Rickie Freedman</i> – Booth #C15
Noon – 1 p.m. – “GROOVE” with Elaine Torrance-Gingrich – Main Lobby – Join in “Get Your Dance On!”
12:30 – 1:15 p.m. – <i>“A Holistic Approach to Better Health” with Neelam Sethi</i> – Booth #C9
1:30 – 2:30 p.m. – <i>“2020 Vision Check” with Shari Lynn</i> – Booth #C14 – Many opportunities have manifested since the 2020 shift including a rising in new consciousness and increased empowerment. Learn ways to tap into this energy to reap all the benefits.
2:45 – 3:30 p.m. – <i>“The Angel Mentors – Connections” with Mary Perry</i> – Booth #R9 – This workshop includes a 20-minute meditation to build your angel room to meet your angels.
3:45 – 4:30 p.m. – <i>“How To Manage Energy Vampires for Optional Health” with Tansy Rodgers</i> – Booth #25 – For optional health, learning how to manage how you interact with the world and people around you is key.